

MT KENYA ROUTES

CHOGORIA UP



A- 3 DAYS SIRIMON – CHOGORIA OUT: WEEKEND TRIP

Day 1: (Old Moses camp -Shiptons camp).

Depart from your hotel in Nanyuki at 7;30am to Mt Kenya National park taking 1 hour drive to park gate . Drive up to oldmoses camp, meet crew and start your hike up to mackinders Valley through Moorland. Lunch will be served along the trek. approx. trekking time: 7 hours. Depending on your pace

Dinner and rest at SHIPTONS camp 4200m in tents. Distance 16.4km

Day 2: Summit point Lenana point 4895m -Lake ELLIS camp)

Wake up call 2;30am freshen up ,have breakfast at 3:00am we proceed to the summit taking about 3-4 hours trek up and 2 .5hours coming down to Mintos camp, have full breakfast and short rest. Proceed to Lake Ellis camp taking 5.5 hours. Lunch is served at camp. You will enjoy the great views of Lake Ellis and trout fish moments

Dinner and rest at Lake ELLIS camp 3500m

Day 3: Lake ELLIS camp-CHOGORIA Park gate

Wake up call 8:00am have breakfast at 8:30am .We break camp after and head to Chogoria gate where your driver awaits your team. Drive down the forest for 32km up to Chogoria town. Join the tarmac for a 4 hours drive to Nairobi. Price options per person

4 DAYS SIRIMON IN – SIRIMON OUT

DAY 1: (OLD MOSES CAMP)

Depart to Nairobi at 8;30 am to Mt Kenya national park taking 3 hours drive. Lunch served on arrival at the park. Trekking begins after lunch to old Moses taking APPROX 3, HRS hours depending on your pace. Distance 9.3 km

Dinner and rest old Moses camp(3300m).

DAY 2 (SHIPTONS CAMP)

Morning breakfast, at 7am then hike up to Mackinder Valley through Moorland. Lunch will be served along the trek approx. trekking time: 7 hours. Depending on your pace

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DINNER AND REST AT SHIPTONS CAMP 4200m. Distance 16.4km

DAY 3: (SUMMIT SHIPTONS CAMP-OLD MOSES CAMP)

Early morning wakeup call at 2 30am we attempt point Lenana (4985M) at dawn to catch early sunrise. The trek is approx. 3 hours. We descend down to shiptons camp for breakfast, approx. time 1.5hrs, lunch is served in between the trek approx. time 4 1/2 hrs. Then down further to bandas camp approx. time 2 1/2hrs.

DINNER AND REST AT OLDMOSES CAMP. Distance 16.4KM.

DAY 4: Nanyuki Town-Nairobi

Breakfast at 7am, trek down through the forest for 10km distance then you will be transferred back Nairobi.

4 DAYS SIRIMON IN – CHOGORIA OUT

DAY 1 (Old Moses camp)

Depart Nairobi at 8;30am to Mt Kenya National park taking 3.5 hrs. Meet crew have lunch then trek to first camp. Taking 3 hrs to hike to first camp.10km

DINNER AND REST OLD Moses camp in tents (3300m).

DAY 2 ;(SHIPTONS CAMP)

Morning breakfast, at 7am then hike up to Mackinder Valley through Moorland. Lunch will be served along the trek. approx. trekking time: 7 hours. Depending on your pace.

DINNER AND REST AT SHIPTONS CAMP 4200m in tents. Distance 14.4km

DAY 3; (SUMMIT-MINTOS CAMP-BANDAS CAMP)

Early morning wakeup call at 2 30am we attempt point Lenana (4985M) at dawn to catch early sunrise. The trek is approx. 3 hours. We descend down to Mintos camp for breakfast, approx. time 1.5hrs, lunch is served in between the trek approx. time 4 1/2 hrs. Then down further to Bandas camp approx. time 2 hrs.

DINNER AND REST AT BANDAS CAMP (2930 m).

DAY 4; BANDAS CAMP –CHOGORIA TOWN

Walk down the forest to be picked by your vehicle back to Nairobi and check in to your hotel.

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MT KENYA ROUTES OPTIONS: 5 DAYS

A- 5: DAYS SIRIMON IN- – SIRIMON OUT - (EASY ROUTE)

DAY 1: (Old Moses camp)

Depart Nairobi at 8:30am to Mt Kenya national park taking 3 hours drive. Lunch served on arrival at the park. Trekking begins after lunch to old Moses taking approx. 3 hours depending on your pace. Distance 9.3 km.

Dinner and rest old Moses camp(3300m).

DAY 2 :(SHIPTONS camp)

Morning breakfast, at 7am, breakfast served at 7:30am. Start hike at 8am then hike through sirimon and makinders Valleys moorland zones. Lunch will be served along the trek. Approx. trekking time: 7-hours. Depending on your pace.

Dinner and rest at SHIPTONS camp 4200m. Distance 16.4km

Day 3: Acclimatization Day

Day spent at shiptons camp, there is a short walk in the morning hours.

DAY 4:(Summit SHIPTONS camp-OLD Moses camp)

Early morning wake-up call at 2:30am we attempt point Lenana (4985M) at dawn to catch early sunrise. The trek is approx. 3 hours. We descend down to shiptons camp for breakfast, approx. time 1. 5hrs. Then descend down further to Old Moses camp approx. time 5 1/2 hrs. Dinner and rest at old Moses camp. Distance 16.4km

DAY5: SIRIMON Gate-Nairobi.

Breakfast is served at 7:30am, we trek down after breakfast through the forest for 2.5 hours over 10km distance. You will be transferred back Nairobi.

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5: DAYS SIRIMON IN – CHOGORIA OUT

DAY 1 (Old Moses Camp)

Depart Nairobi at 8:30am to Mt Kenya National park taking 3.hrs . Meet crew have lunch then trek to first camp. Taking 3 hrs to hike to first camp.10km

DINNER AND REST OLD MOSES CAMP IN TENTS (3300M)

DAY 2:(SHIPTONS camp)

Wake up call at 7am, breakfast is served at 7:30am. We hike up Sirimon and Mackinder's Valley through Moorland. Lunch will be served along the trek. Approx. trekking time: 7-8 hours. Depending on your pace

DINNER AND REST AT SHIPTONS CAMP 4200m IN TENTS. Distance 16.4km

Day 3: Acclimatization Day.

Day spent at camp and short walking for acclimatization.
Dinner and rest at shiptons Camp.

DAY 4:(Summit-Mintos camp-Bandas camp)

Early morning wake-up call at 2:30am we attempt point Lenana (4985M) at dawn to catch early sunrise. The trek is approx. 3 hours. We descend down to Mintos camp for breakfast, approx. time 2.5hrs, lunch is served in between the trek approx. time 4 1/2 hrs. Then down further to Bandas camp approx. time 2 hrs. Dinner and rest at bandas camp.

DAY 5: Bandas camp –CHOGORIA TOWN

Walk down the forest for about 10km to be picked by your vehicle back to Nairobi.

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CHOGORIA UP - SIRIMON UP.

Day 1: Bandas camp - Lake ELLIS

Depart Nairobi at 8am to Chogoria gate. Meet crew and have lunch at Chogoria gate. Break camp and head to lake Elise camp at 3580m approx. 4 hrs

Day 2: Lake ELLIS-Lake Michelson

Wake up call at 7:00am ,breakfast served at 7:30am after freshening up.Break camp and head to Lake Michelson 3880 m.Approx 7-8 hrs

DINNER AND REST AT LAKE MICHELSON.

Day3: Lake Michelson -Simba col

Wake up call 7am ,after freshening up, breakfast is served at 7:30am we break camp and hike to simba col camp taking about 5 hours.

DINNER AND REST AT SIMBA COL

Day 4: Lenana Summit - old Moses camp

Wake up call 3:30am you will be served with light breakfast. Start the peak attack when ready with a gentle ascent to point lenana 4985m taking about 2.5 hrs.We descend down further to shiptons camp for breakfast. After a short rest walk for another 5 hours to Oldmoses camp.

DINNER AND REST AT OLD MOSES CAMP 3300m

Day 5: Old Moses camp-SIRIMON GATE

Wake up call 7:30am, breakfast is served at 8am after freshening up. Break camp when ready and walk down to park gate through the forest taking about 2.5 hours. Bid farewell to the crew before being transferred to Nairobi.

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-COST INCLUDES

- **Guides**
- **PORTERS TO CARRY FOOD AND LUGGAGE**
- **COOKS**
- **Park fees &**
- **Accommodation in mountain**
- **ALL meals in the mountain**
- TRANSFER FROM NAIROBI AND BACK-WHERE APPLICABLE
NOT INCLUDED**
- TIPS/GRATITUDE**
- DRINKS OF PERSONAL LEISURE**
- EXTRA DAYS**
- HIKING GEAR**
- INSURANCE**

