

MT KENYA ROUTES

TIMAU TREK



TIMAU TREK

The route is accessed from the north side of the mountain, lies in a major rain shadow. However, since you are inside a low rainfall zone it generally makes for a drier safari and a more pleasant trek.

The Trek has a gentle slope all way with great views of the main peaks and the mountain ranges.

Day 1 Nairobi – Road Head 2680m

Depart Nairobi at 8am you will be transported to the Timau road head where you will begin your trek up Mt. Kenya from the north. (Overnight in high altitude mountains tents - Timau road head).

DINNER AND OVERNIGHT AT ROAD END

Day 2 Road End-Marania camp

Hiking across beautiful northern moorland of Mt. Kenya with its unique flora and possibly seeing some of the wildlife which wander up those northern slopes - zebra, eland, etc. Camp near the Western Marania River. 3 hours trek 9.5 km

DINNER AND REST AT Marania camp

Day 3: Marania camp 3250m- Majors camp 3860m 15km 8.5HRS

Continue your trek over rolling moorland country to camp at the headwaters of the Kathita East drainage

DINNER AND REST AT MAJORS CAMP.

Day 4: Majors camp- Upper Simba Tarn camp

Distance: 12km

Hours walking: 6-7 hrs

Wake up call 7am ,7:30am breakfast is served then break camp at 8am will start the long hike towards the lower Simba Tarn (4600m), into the alpine through the Holeyvalley. Lunch is served in between the trek. Gorges valley and surrounding peaks can be gazed from the simba camp.

MT KENYA ROUTES TIMAU TREK



DINNER AND REST AT SIMBA CAMP 4660M

Day 5: Simba Tarn – Point Lenana - Old Moses Camp

Distance: 20km

An early start to ensure a successful summit bid for our main objective Pt. Lenana (16,355 ft.) 2 hours up, Descend to Shiptons Camp for full breakfast taking 1.5 hours with a short rest. Descend further down through Mackinders valley to oldmoses camp

Day 6 :Oldmoses camp- Park gate

Descend the mountain via the Sirimon Route completing a fine circuit of Mt. Kenya, transfer to Nairobi arriving late afternoon.

